



FOR IMMEDIATE RELEASE

April 17, 2020

CONTACT: Xochitl Mora, Office of Communications, O: 681-1202/M: 662-9269/E: xmora@mcallen.net

“Hello McAllen!” Show Focuses on Helping Children Document, Express Feelings During COVID-19 Pandemic

Interactive project suitable for children of all ages

As both children and adults find themselves in a strange “new normal” as the COVID-19 pandemic crisis has practically stopped and changed many of the familiar and comforting routines and activities, finding ways to express the emotions the changes and situation has created can be difficult. City of McAllen Employee Wellness Director Jolee Perez, whose primary focus was providing health helpful tips and other such guides for the parents in the McAllen municipal workforce.

Find out about a project she came across that is as beneficial and fun for parents as it will be for children: creating a COVID-19 Time Capsule.

The project can be found at the City of McAllen website at www.mcallen.net.

#



@cityofmcallen



Instagram



McAllen TX

For a link to **Hello McAllen!**: Kids COVID-19 Time Capsule
<https://www.youtube.com/watch?v=PmtbfzUyge4>